



**DOW UNIVERSITY
OF HEALTH SCIENCES**



PROSPECTUS

ADMISSION IN

**SESSION
2025-26**



**DOCTOR OF
PHYSICAL
THERAPY (DPT)**

**DOW INSTITUTE OF PHYSICAL
MEDICINE & REHABILITATION
(DIPM&R)**

Email: admissions@duhs.edu.pk

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MESSAGE BY THE VICE CHANCELLOR

PROF. DR. NAZLI HOSSAIN

Vice Chancellor

Dow University of Health Sciences

It is a great honor for me, as the Vice Chancellor of Dow University of Health Sciences (DUHS), to welcome you to one of Pakistan's most distinguished institutions of medical and health sciences education.

Since its establishment in 2004, DUHS has evolved from three constituent colleges into a dynamic and comprehensive university system encompassing over fifty constituent and affiliated institutions. Rooted in the proud legacy of Dow Medical College, founded in 1945, DUHS continues to uphold a tradition of excellence, service, and innovation in healthcare education.

Our allied health programs including Pharmacy, Medical Technology, Nursing, Physical Therapy, Biotechnology, Nutrition, Public Health, Radiology Technology, Psychology, and many more, play a vital role in shaping the future of healthcare. These programs are central to our mission of producing competent, compassionate, and skilled professionals who contribute to the well-being of communities locally and globally.

As we move forward, DUHS is committed to further strengthening its academic and research ecosystem through modern technologies, state-of-the-art healthcare facilities, and a culture of innovation. With the support of our dedicated faculty and the enthusiasm of our students, we are poised to advance toward new milestones in education, research, and patient care.

To our incoming students, I extend my heartfelt congratulations on joining this vibrant academic community. Your journey at DUHS will equip you with the knowledge, skills, and values needed to make meaningful contributions to healthcare in Pakistan and beyond.

I welcome you to DUHS, a university where tradition meets innovation and where every student is empowered to make a difference.

Good luck to each of you as you embark on this fulfilling path!

MESSAGE FROM THE DIRECTOR – DIPM&R



Dr Farhan Ishaque Khan

DIRECTOR

Dow Institute of Physical Medicine & Rehabilitation, DUHS

It is an honor and privilege to be a part of an institution which has a vision to provide unmatched health education and dedicated to provide quality health services. Rehabilitation is an immensely rewarding profession which attempts a holistic intervention of medicine, physical therapy, occupational and speech therapy etc. I am proud to say that our team of capable rehabilitation specialists have more than 25 years of clinical and research experience.

MESSAGE FROM THE PROGRAM DIRECTOR - DPT



Dr Faisal Yamin (PT)

Head of Department (Physiotherapy)
Programme Director (DPT)

Dow Institute of Physical Medicine & Rehabilitation, DUHS

I really feel proud to write this message as an ambassador of the physical therapy profession. By the grace of almighty ALLAH, the Dow Institute of Physical Medicine & Rehabilitation has fully functional facilities at the OJHA campus. We are committed to providing and setting a state-of-the-art Physical Therapy education. In the last decade, the field of physical therapy has made a significant and worthwhile contribution in restoring the quality of life to the people with different abilities.

We envision this institute to be a forefront leader in providing quality education in Physical Therapy under the umbrella of Dow University of Health Sciences, Karachi. We wish this institute to cater to the communities that it serves, by offering hope and timely delivery of services to the civilian population of Karachi, Pakistan.

Vision - DUHS

To be a pre-eminent academic institution committed to changing and saving lives.

Mission -DUHS

Providing outstanding patient centered education, training and clinical care informed by cutting edge research and innovation generating and disseminating new knowledge.

STATEMENT OF PURPOSE (DPT PROGRAM)

Dow Institute of Physical Medicine & Rehabilitation (DIPM&R) is the first civilian multidisciplinary rehabilitation service. It was established in 2007.

HISTORY

Dow Institute of Physical Medicine & Rehabilitation (DIPM&R) is the first civilian multidisciplinary rehabilitation service. It was established in 2007.



OVERVIEW OF DOW INSTITUTE OF PHYSICAL MEDICINE & REHABILITATION.

The Dow University of Health Sciences (DUHS) stands as a pioneering institution dedicated to advancing integrated education in medical and allied health sciences. Upholding its legacy of academic excellence and innovation, DUHS established the Dow Institute of Physical Medicine & Rehabilitation (DIPM&R) to nurture the next generation of skilled physical therapy professionals.

The Doctor of Physical Therapy (DPT) program at DIPM&R is a comprehensive five-year professional degree designed in alignment with the Higher Education Commission (HEC) curriculum and standards. Each academic year, a cohort of 100 students is admitted to the program, offered at the Ojha Campus, Karachi.

DIPM&R provides a dynamic learning environment supported by highly qualified and experienced faculty, state-of-the-art laboratories, and modern classrooms equipped with advanced teaching aids. The institute emphasizes both academic excellence and clinical competence, integrating evidence-based practice with hands-on clinical training.

In addition to academic rigor, DIPM&R actively contributes to community well-being through its on-campus physical therapy and rehabilitation services, allowing students to gain invaluable practical experience while serving patients. Through this balanced approach to learning and service, DIPM&R continues to uphold DUHS's vision of producing competent, compassionate, and ethically grounded healthcare professionals.

OBJECTIVES OF THE PROGRAM

1. To identify, understand and apply theoretical foundations of knowledge to the practice of physical therapy and clarify new evolving theory relevant to physical therapy.
2. To play role in reflective clinical practice through sound clinical decision making, able to correlate, evaluating and creating self-assessment and commitment to lifelong learning.
3. Understand, apply and roleplay as an expert clinician by practicing evidence-based physiotherapy, utilizing the process of critical thinking.
4. To build leaders to direct the management of physiotherapy education and policies that are consistent with the needs of the patient and society.
5. To apply the professional and social skills to adapt the changing health care environments to effectively provide physical therapy care.
6. To demonstrate application of research and scientific enquiry culture in physiotherapy profession.

CAREER PROSPECTS IN PHYSICAL THERAPY

Physiotherapy is a vital healthcare discipline focused on the prevention, diagnosis, and treatment of movement disorders, injuries, and musculoskeletal dysfunctions. Physiotherapists play a pivotal role in restoring physical function, enhancing mobility, and improving the quality of life of patients across all age groups. They are integral members of multidisciplinary healthcare teams, contributing to rehabilitation, wellness promotion, and the management of chronic and acute conditions.

Graduates of the Doctor of Physical Therapy (DPT) program possess diverse career opportunities in both clinical and non-clinical settings, including:

- **Hospitals:** Delivering rehabilitation and acute care in orthopedic, neurological, cardiopulmonary, and ICU settings.
- **Private Clinics:** Providing individualized physiotherapy, pain management, and functional rehabilitation.
- **Corporate & Industrial Health:** Promoting ergonomics, workplace wellness, and injury prevention programs.
- **Rehabilitation Centers:** Assisting recovery from injuries, surgeries, and neurological conditions.
- **Sports & Fitness Centers:** Managing sports injuries and enhancing athletic performance.
- **Academia & Research:** Engaging in teaching, clinical instruction, and evidence-based research.
- **Defense Services:** Ensuring fitness and rehabilitation of military and defense personnel.

With a growing global demand for physical therapists, graduates of the DPT program from Dow Institute of Physical Medicine & Rehabilitation (DIPM&R) are well-equipped to pursue fulfilling careers that combine clinical expertise, patient care, and research, contributing meaningfully to the evolving field of healthcare.

RECOGNITION BY GOVERNING BODIES:

The DPT Curriculum is recognized by Higher Education Commission (HEC) Pakistan, as an advisory board and approved by the University Statutory bodies

ELIGIBILITY CRITERIA

- HSSC Pre-Medical or equivalent examination (e.g. A-Level, 12th grade etc) duly certified by IBCC with minimum 60% marks.
- Candidate's PRC & Domicile of Sindh

NO. OF SEATS

Dow Institute of Physical Medicine & Rehabilitation, (DIPM&R) offer the Doctor of Physical Therapy (5 Years program). We cater yearly a batch of 100 students as per HEC policy at the OJHA Campus, Karachi, providing excellent academic facilities with senior and competent faculty with fully equipped labs, classrooms along with providing physical therapy and related services to the community.

100 seats for each batch of DPT out of which

- 50 seats for open merit
- 50 seats for Self-finance

FEE STRUCTURE –DPT– Session 2025-26

DOW INSTITUTE OF PHYSICAL MEDICINE AND REHABILITATION - DIPM&R

Fee Type	Merit	Self-Finance
Admission Fee – (at the time of admission)	PKR 50,000/-	PKR 60,000/-
Tuition Fee – (per annum)	PKR 180,000/-	PKR 300,000/-
Student Activity Charges – (per annum)	PKR 10,000/-	PKR 10,000/-
Library Fee Charges – (per annum)	PKR 10,000/-	PKR 10,000/-
Documents Verification Charges – (at the time of admission)	PKR 6,500/-	PKR 6,500/-
Without Transport	PKR 256,500/-	PKR 386,500/-
Transport Fee – (Optional) – (per annum)	PKR 43,000/-	PKR 43,000/-
With Transport	PKR 299,500/-	PKR 429,500/-

Above amounts are excluding govt. taxes. Taxes apply as per Govt. & FBR rules

– RULES FOR THE PAYMENT OF FEE –

Fee for 2nd, 3rd, 4th & 5th year tuition fee (of the respective categories) will have to be paid within the specified time.

Late fee for succeeding years will be charged if fee is not paid within the provided deadline as per rates below:

- First month after lapse of first month 2.5 %of tuition fee
- Second month 5.0% of tuition fee
- Third month 7%of tuition fee
- Fourth month 10%..... of tuition fee

Fee of all categories will be increased by 10% every year.

AFTER FOUR MONTHS OF NON-PAYMENT, THE SEAT IS LIABLE TO BE CANCELLED AND STUDENT WILL NOT BE ALLOWED TO APPEAR IN ANY EXAMINATION.

- Fee deposited is refundable as per the Refund policy guidelines of the DUHS.
- Taxes will be applied as per the FBR/SBR rules.
- Hostel and Transport fee will charge as per calendar year (i.e., Jan. to Dec.).
- Amounts stated in the fee vouchers are excluded of all Bank Charges.
- The Fee Structure may be revised by the university at any time during the course of the study, due to unavoidable circumstances.

All Professional Program students are required to submit an **undertaking** affirming that they will not waste their allotted seat.

If a student withdraws from the program or fails to join after securing admission, a **SEAT WASTAGE PENALTY** shall be imposed is as below.

	OPEN MERIT	SELF FINANCE
ADMISSION CANCELLATION PENALTY FEE	Rs. 300,000/-	Rs. 500,000/-

CURRICULUM

DPT Curriculum is recognized by Higher Education Commission (HEC) Pakistan.

Title of Degree program	Doctor of Physical Therapy (DPT)
Duration	Five years
Total credit hour	186

SCHEME OF STUDIES

<u>1ST PROFESSIONAL YEAR</u>			
SEMESTER I			
S.N.	COURSE	CREDIT HOURS	CATEGORY
1	Anatomy – I	3 (2-1)	Major
2	Physiology – I	3 (2-1)	Major
3	Kinesiology – I	3 (2-1)	Major
4	Functional English	3 (3-0)	General Education
5	Physics	3 (2-1)	General Education
6	Philosophy	2 (2-0)	General Education
7	Understanding of Holy Quran – I	1 (0-1)	General Education
Total Credits Hours = 18			
SEMESTER II			
S.N.	COURSE	CREDIT HOURS	CATEGORY
1	Anatomy – II	3 (2-1)	Major
2	Physiology – II	3 (2-1)	Major
3	Kinesiology – II	3 (2-1)	Major
4	Quantitative Reasoning – I	3 (3-0)	General Education
5	Expository Writing	3 (3-0)	General Education
6	Pakistan Studies	2 (2-0)	General Education
7	Understanding of Holy Quran – II	1 (0-1)	General Education
Total Credits Hours = 18			

2ND PROFESSIONAL YEAR

SEMESTER III

S.N.	COURSE	CREDIT HOURS	CATEGORY
1	Anatomy – III	3 (2-1)	Major
2	Physiology – III	3 (2-1)	Major
3	Medical Physics	3 (2-1)	Interdisciplinary
4	Principles of Biochemistry	3 (3-0)	Interdisciplinary
5	Applications of ICT	3 (2-1)	General Education
6	Quantitative Reasoning – II	3 (3-0)	General Education

Total Credit Hours = 18

SEMESTER IV

S.N.	COURSE	CREDIT HOURS	CATEGORY
1	Neuro Anatomy	3 (2-1)	Major
2	Biomechanics & Ergonomics	3 (2-1)	Major
3	Human Psychology	2 (2-0)	Interdisciplinary
4	Ideology & Constitution of Pakistan	2 (2-0)	General Education
5	Civics & Community Engagement	2 (2-0)	General Education
6	Entrepreneurship	2 (2-0)	General Education
7	Islamic Studies	2 (2-0)	General Education
8	Sociology	2 (2-0)	General Education

Total Credit Hours = 18

3RD PROFESSIONAL YEAR

SEMESTER V

S.N.	COURSE	CREDIT HOURS	CATEGORY
1	Exercise Physiology	3 (2-1)	Major
2	Pharmacology & Therapeutics – I	2 (2-0)	Major
3	Physical Agents & Electrotherapy – I	3 (2-1)	Major
4	Community Medicine & Rehabilitation	3 (2-1)	Major
5	Pathology & Microbiology – I	2 (2-0)	Interdisciplinary
6	Artificial Intelligence in Healthcare	2 (2-0)	Interdisciplinary

7	Supervised Clinical Practice – I	3 (0-3)	Clinical Practice
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Total Credit Hours = 18

SEMESTER VI

S.N.	COURSE	CREDIT HOURS	CATEGORY
1	Pharmacology & Therapeutics – II	2 (2-0)	Major
2	Physical Agents & Electrotherapy – II	3 (2-1)	Major
3	Therapeutic Exercises & Techniques	3 (2-1)	Major
4	Sustainable Development Goals: Health & Wellbeing	3 (2-1)	Interdisciplinary
5	Pathology & Microbiology – II	3 (2-1)	Interdisciplinary
6	Molecular Biology & Genetics	2 (2-0)	Interdisciplinary
7	Supervised Clinical Practice – II	3 (0-3)	Clinical Practice

Total Credit Hours = 19

4TH PROFESSIONAL YEAR

SEMESTER VII

S.N.	COURSE	CREDIT HOURS	CATEGORY
1	Medicine – I	3 (3-0)	Major
2	Surgery – I	3 (3-0)	Major
3	Musculoskeletal Physical Therapy	3 (2-1)	Major
4	Radiology & Diagnostic Imaging	3 (2-1)	Interdisciplinary
5	Scientific Inquiry & Research Methods	3 (2-1)	Interdisciplinary
6	Supervised Clinical Practice – III	4 (0-4)	Clinical Practice

Total Credit Hours = 19

SEMESTER VIII

S.N.	COURSE	CREDIT HOURS	CATEGORY
1	Neurological Physical Therapy	3 (2-1)	Major
2	Medicine – II	3 (3-0)	Major
3	Surgery – II	3 (3-0)	Major
4	Sports Physical Therapy	2 (1-1)	Major
5	Biostatistics	3 (2-1)	Interdisciplinary
6	Professional Practice in Healthcare	2 (2-0)	Interdisciplinary
7	Supervised Clinical Practice – IV	4 (0-4)	Clinical Practice

Total Credit Hours = 20

5TH PROFESSIONAL YEAR

SEMESTER IX

S.N.	COURSE	CREDIT HOURS	CATEGORY
1	Cardiopulmonary Physical Therapy	3 (2-1)	Major
2	Prosthetics & Orthotics	2 (2-0)	Major
3	Clinical Decision Making & Differential Diagnosis	3 (3-0)	Major
4	Emergency Procedures in Physical Therapy	2 (1-1)	Major
5	Evidence Based Practice	3 (2-1)	Major
6	Supervised Clinical Practice – V	4 (0-4)	Clinical Practice
7	Capstone / Research Project	3	Capstone / Research

Total Credit Hours = 20

SEMESTER X

S.N.	COURSE	CREDIT HOURS	CATEGORY
1	Manual Therapy	3 (2-1)	Major
2	Integumentary Physical Therapy	2 (1-1)	Major
3	Women's Health Physical Therapy	3 (2-1)	Major
4	Pediatric & Neonatal Physical Therapy	3 (2-1)	Major
5	Geriatric Physical Therapy	3 (2-1)	Major
6	Supervised Clinical Practice – VI	4 (0-4)	Clinical Practice

Total Credit Hours = 18

ASSESSMENT METHODS

Student performance is evaluated through a combination of continuous and summative assessments to ensure comprehensive learning and skill development.

1. Class test, Assignments.
2. Midterm exam.
3. Practical / Labs/ OSCE
4. Terminal exam



A. STUDENT'S CONDUCT RULES

(Applicable to Undergraduate and Postgraduate students of the University and its constituent or affiliated institutions)

These rules are applicable to all students who are admitted to the Dow University of Health Sciences, and includes undergraduate and postgraduate medical and dental students, nurses and all those being trained in medical and allied health sciences.

1. No student or group of students shall form society/ association / organization with permission from Principal of College.
2. No outsider will be invited by the students to address any meeting at the University or its constituent college/ institute/ school, hospital etc whether academic, social, religious or political (without prior written permission of the authorities). Decision of authorities will be final and taken on case to case basis.
3. Students are not allowed to paste any poster, pamphlet or fix banners on the wall. Graffiti on walls (wall chalking) of the premises of the University or its constituent college/ institute/ school, hospital etc be they, academic, social, religious or political, are also not allowed.
4. During teaching hours and/ or Clinical posting, students are prohibited to play or roam around in the premises.

5. No student or group of students shall arrange any programme, picnic, musical concert sports activities etc, on their own, without prior written permission from the authorities.
6. No student or group of students are allowed to collect money for any purpose whatsoever.
7. University/ College Identity Card, (ID) should be displayed, at all times, when the students are in the premises of the University or its constituent college / institute / School / Hospital etc. Faculty members and security staff are authorized to check I.D cards at any time.
8. If any student wants to publish his/her scientific or literary article, he/she must get the draft approved, by the authorities. They are also required to submit the copy of the final article / paper (to be published) for record purposes to the University.
9. Students will not be allowed to address the media or the national press on any subject.
10. Students are forbidden to address higher authorities directly. Any communication intended for higher authorities, needs to be routed through proper channel (Vice Chancellor/ Principal / Medical Superintendent/ Director)
11. Smoking, pan chewing, littering, spitting and other activities, prejudicial to the conduct are prohibited in the classroom, laboratories, seminar/ tutorial rooms, library during and after college hours and wards during clinical postings.
12. Unless specifically permitted, no student or group of students are allowed to enter administrative and department offices I telephone exchange, or teaching areas like laboratory, lecture hall of the institution or department and/ or use office equipment(s) / Machinery, like telephone, computer, printer, typewriter, overhead projector, slide projector or multimedia etc.
13. No student is allowed to bring a weapon and/or ammunition, liable to cause injury, or any other harmful item, inside the premises.
14. No student or group of students will threaten, stop, harass, forcibly disallow or evict another bonafide student or group of students.

15. Misbehavior with faculty members and other staff members of the University and/ or its constituent college I institute / school, hospital etc, by a student or a group of students is completely prohibited. Such misdemeanors would attract penalties as severe as expulsion and rustication.

16. Willful damage to either public or personal property in the University and / or its constituent college / institute / school etc, by a student or a group of students, is completely prohibited. Such misdemeanors would be liable to penalties as severe as expulsion and rustication.

17. Use of loud speakers/ amplifiers, megaphone is prohibited in the premises of the University.

18. No student will be allowed to park his/ her car inside the premises of the college I University unless specifically allowed by the competent authority.

B) SUSPENSION

A student shall be liable for suspension upto six months if he/she commits any of the following act:-

1. Misbehaves or quarrels with any teacher or member of the staff.
2. Is generally disobedient.
3. Spreads false rumours.
4. Uses unbecoming, indecent or filthy language.
5. Incites other students to violence.
6. Is inappropriately dressed.
7. Shouts, abuses, quarrels or fights with fellow students.
8. Raises slogans to hurt others, politically or religiously.
9. Interferes with the administration, including the mode or schedule of the examination.
10. Indulges in acts of immorality.
11. Indulges in any kind of political activity including displaying posters or play cards within the College.
12. Remains absent continuously for more than 4 weeks without prior permission.

(C) RUSTICATION

A student may be rusticated for a period of 3 years due to any of the following acts:-

1. Taking forceful possession, making unauthorized use or damaging any property.
2. Involving himself in any agitational activity.
3. Found indulging in activities, prejudicial and detrimental to the good order of the College.
4. Adopting unfair means during examination.
5. Disobeying an order of suspension passed against him.
6. Any other act, which the principal or the disciplinary committee considers inappropriate.
7. Anybody who does not submit the prescribed undertaking about non-involvement in political activities.

NOTE:-

Any student suspended or rusticated for the reasons mentioned above shall not be allowed to appear in the examinations.

(D) EXPULSION

A student is liable to be expelled from the college if he/she commits any of the following act and this order shall be final and irrevocable. If he/she.

1. Is found in possession of fire arms or lethal weapons or Narcotic drugs in the college premises, hostels, examination halls, teaching hospitals or any other area as specified by the university administration.
2. Remains absent for more than three months without permission of the Principal / Director, his/her admission shall be cancelled by the disciplinary committee of that college/ institute.

DRESS CODE

All students must wear white coat in the campuses of DIMC and Ojha campus (with a tag having name and class) and decent shoes/ sandal but no slippers, in case of default they will not be allowed to enter or a disciplinary action will be taken.

ATTENDANCE

Students having attendance in the class of less than 75% will not be allowed to appear in the mid-term and terminal examination as per DUHS policy.

FACILITIES / RESOURCES OF INSTITUTE

The institution boasts a purpose-built infrastructure designed to meet the academic, clinical, and research needs of the Department of Physiotherapy. The department features well-equipped lecture halls with modern audiovisual technology, specialized laboratories for anatomy, kinesiology, biomechanics, electrotherapy, and exercise therapy, along with an advanced skills lab. Students benefit from access to affiliated teaching hospitals for hands-on clinical training under expert supervision. In addition, the department offers a well-stocked library, digital learning resources, and dedicated research facilities that foster innovation, critical thinking, and professional excellence.



DEPARTMENT OF PHYSIOTHERAPY

The Department of Physiotherapy is equipped with state-of-the-art facilities and advanced therapeutic technologies to support excellence in teaching, learning, and clinical practice. The department features modern electrotherapy and exercise therapy laboratories, furnished with electronic and manual treatment tables, computerized traction units, ultrasound and stimulation devices, and a wide range of rehabilitation and assessment equipment.



These resources ensure that students gain hands-on experience with the latest physiotherapeutic techniques, in accordance with contemporary professional and clinical standards.

REHABILITATION GYMNASIUM

The Rehabilitation Gymnasium is fully equipped with modern therapeutic exercise apparatus designed to enhance functional recovery and physical conditioning. It features advanced equipment including electronic treadmills and stationary bicycles for aerobic and endurance training, parallel bars and stair units for gait and mobility retraining, exercise balls and TheraBands for balance and strength exercises, electronic tilt tables for progressive weight-bearing, and Bobath beds for specialized neurological rehabilitation. These facilities provide students with practical exposure to contemporary rehabilitation techniques in a professional clinical environment.



DIGITAL LIBRARY

The Digital Library provides students with access to extensive online academic resources and high-speed internet to support evidence-based learning and research. Through their institutional ID cards, students can easily access the facility for literature searches, journal databases, and online reference materials. The digital lab also serves as a practical learning space for courses such as Biostatistics, where students utilize statistical software (SPSS) for data analysis and research projects.



READING LIBRARY

The Reading Library provides access to the latest textbooks, reference materials, and research journals in a quiet, academic setting that promotes self-directed learning. Students can access and issue materials for in-campus study to support their academic growth.

TEACHING METHODS

A blend of interactive lectures, laboratory sessions, multimedia presentations, study guides, and recommended readings are utilized to enhance student learning and clinical competence.



LECTURE HALLS

The lecture halls are designed to provide an optimal learning environment, equipped with state-of-the-art multimedia and audiovisual systems for interactive teaching sessions. Each hall features comfortable, ergonomic seating arrangements, adequate lighting, ventilation, and acoustics to ensure a conducive atmosphere for learning. The halls are also equipped with digital projectors, sound systems, and smart boards to enhance the quality of instruction. In addition to regular classes, the lecture halls are utilized for seminars, workshops, conferences, and Continuing Medical Education (CME) sessions, supporting both academic and professional development activities.



PHOTOSHOP / SOUVENIR SHOP

A well-equipped Photoshop and Souvenir Shop is available on campus, providing students with printing, designing, and stationery services, as well as institutional merchandise and memorabilia.

CANTEEN

A spacious central cafeteria is available at DIMC, Ojha Campus, offering a variety of hygienic and affordable local and international cuisine in a clean and comfortable environment.



FACULTY

The Department of Physiotherapy is staffed with a team of highly qualified and dedicated professionals, including Associate Professors, Assistant Professors, Senior Lecturers, Lecturers, Senior Physiotherapists, Physiotherapists, and Clinical Instructors actively engaged in both academic and clinical teaching. The faculty holds advanced postgraduate qualifications from renowned national and international universities, ensuring high standards of education, research, and clinical training.



Dr. Farhan Ishaque Khan
Associate. Professor
Director DIPM&R



Dr Muhammad Sarfraz
Associate. Professor
Program Director MSAPT & PhD



Dr. Faisal Yamin PT
Asst. Professor
HOD & Program Director DPT



Dr Samreen Yasmeen PT
Asst. Professor



Dr. Atiq-Ur-Rehman PT
Asst. Professor



Dr Saeed Sheikh PT
Senior Lecturer



Dr Nazia Zeya PT
Senior Lecturer



Dr Afshan Khalid
Senior Lecturer



Dr Erum Naz PT
Senior Lecturer



Dr. Saba Aijaz Ali PT
Lecturer



Dr Mustafa PT
Lecturer



Dr M. Salman Azeem PT
Lecturer



Dr Abdul Basit
Lecturer



Dr Abdul Moiz
Lecturer



Ms. Sadaf Ramzan
Lecturer



Dr. Felicianus Anthony
Pereira PT
Clinical Instructor



Dr. Muhammad Uzair Khan PT
Clinical Instructor



Dr Hafsa Paracha PT
Research Coordinator



Dr. Sobia Meeran PT
Senior Physiotherapist



Dr. Humaira (PT)
Physiotherapist



Dr. Yaseen Kaleem PT
Physiotherapist



Dr. Laraib PT
Physiotherapist



Dr. Saif.Ur.Rehman PT
Physiotherapist



Dr. Areesha Anwar PT
Lab Incharge



Ms. Aisha Hanif
Clinical Psychologist



Dr. Zubair Ali
Physiatrist



Ms. Sumreen Zahid
Special Educator

CO-CURRICULAR ACTIVITIES

The department actively promotes student engagement beyond academics through a variety of co-curricular and extracurricular events that encourage teamwork, creativity, and leadership. Activities include:

- Annual Sports Week
- DUHS Gala
- Welcome and Farewell Parties
- Picnics and Talent Shows
- Pakistan Independence Day Celebrations
- Debate Competitions
- Welfare Society Initiatives
- Self-Defense Workshops
- World Disability Day
- World Physiotherapy Day



FUTURE PROSPECTS

Graduates of the Doctor of Physical Therapy (DPT) program have diverse opportunities for advanced education and professional growth both nationally and internationally. They may pursue higher studies such as MS or MPhil in Physiotherapy within Pakistan or abroad. Career opportunities are abundant across healthcare sectors in Pakistan and the Middle East, with eligibility to appear in international licensure examinations in the USA, Canada, Australia, and the United Kingdom. Graduates are also well-prepared to establish private practices, offer domiciliary rehabilitation services, and contribute to academia and research in the field of physical therapy.

The Department of Physiotherapy remains committed to fostering excellence in education, clinical expertise, and research innovation. Our mission is to produce competent, compassionate, and ethical professionals who contribute meaningfully to the health and well-being of individuals and communities—locally and globally.